

Food

THREE DAY TOURS

CULINARY TOUR ACROSS THE SOUND

DAY 1: After a short ferry crossing from Helsingborg to Helsingør, we move on to Esrum Abbey, where we visit the magical herb garden and find out why monks like garlic. We then proceed to Fuglebjerggaard, a farm that produces the raw materials for its own mill and brewery. Come along on a tour of the brewery followed by a tasting. After lunch at nearby Gilleleje, the journey continues to the Domain Aalsgaard vineyard, just north of Helsingør, where we are guided through the grapevines and follow the grape's path from vine to finished wine.

DURATION: 6 hours

CONTACT INFORMATION: Esrum Abbey, Fuglebjerggaard, Domain Aalsgaard

DAY 2:

The very first new potatoes are harvested every year on the Bjäre Peninsula – a much longed-for delicacy. Come along on a “potato tour” to learn about agriculture and the history of potatoes, try your hand at sowing or harvesting potatoes – and why not sample potato vodka? A buffet lunch featuring local ingredients is served alongside the fields. After lunch, we proceed to Bäckdalen Nursery, where we are given a guided tour of the beds of herbs in the greenhouses. Finally, we go to Café Killeröd to enjoy their house speciality – apple meringue cake.

DURATION: 6 hours

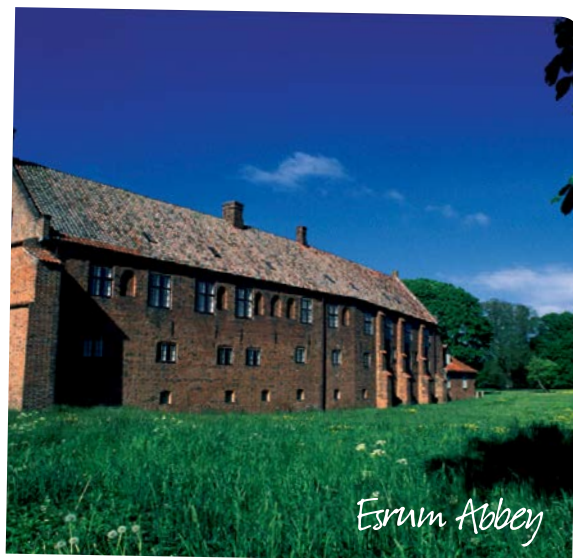
CONTACT INFORMATION: Bjäre Local History Centre, Bäckdalen Nursery, Café Killeröd

DAY 3

We start with a visit to the Varalövs Gårdsbutik farm shop, where we will hear more about different potato varieties and sample them in a potato tasting. At Hummerhuset – the Lobster House – we are taken behind the scenes to hear about the big crustaceans imported live directly from North America. Afterwards, there will be samples of various lobster delicacies to taste in the shop. After lunch at Margretetorps Gästgivaregård, we visit the Vantinge Struts ostrich farm, where we learn about ostrich farming and say hello to the enormous birds. We are served pastries baked with ostrich egg with our coffee before the return journey to Helsingborg.

DURATION: 5.5 hours

CONTACT INFORMATION: Varalövs Gårdsbutik, Hummerhuset, Margretetorps Gästgivaregård, Vantinge Struts



Esrum Abbey



Foto: Måns Fornander

Locally produced potatoes



Varalövs Gårdsbutik

ONE DAY TOURS

FOLLOWING THE SHEEP ON A CULINARY TOUR

Bjärhus Farm raises lamb and processes the meat. Come along on a tour on the sheep grounds. Along the way, we will sample some of the farm's products and end the visit with a delicious lunch in the woods or the cabin. Before leaving Bjärhus, we visit the well-stocked butcher's counter and greengrocer's shop. The next stop is Skånehill farm shop. The tour ends at a charming café, Lotta på Åsen.

DURATION: 5.5 hours

CONTACT DETAILS: Bjärhus Farm Shop, Skånehill Farm Shop, Lotta på Åsen

JUICY FLAVOURS FROM THE KULLA DISTRICT

The tour begins at Vikentomater, where they grow 80 different varieties of tomatoes. We are taken into the organic beds in the greenhouses before sampling and buying our favourites. The next visit is to a vineyard, Kullabygdens Vingård, where we find out what it takes to cultivate wine grapes in our country. After lunch at Tunneberga Gästgivaregård, a historic inn, we leave for a final stop at the Kullamust apple juice/cider press, where we learn how the apples are pressed. The tour ends after a visit to the farm shop.

DURATION: 6 hours

CONTACT INFORMATION: Vikentomater, Kullabygdens Vingård, Tunneberga Gästgivaregård, Kullamust

FOOD AND POTTERY IN THE KULLA DISTRICT

We visit Larsvikens Gårdsbutik farm store, which specialises in potatoes and vegetables, before going on to the Kullamust apple juice/cider press, where we get a guided tour of the press before visiting the shop. We eat lunch at the picturesque Strand Hotel in Arild before proceeding to Kullabygdens Keramik where we get learn about the art of throwing pots on a potter's wheel before browsing the shop. There are several famous brands represented at the Höganäs Design Outlet, covering everything from housewares to clothing and footwear. The Mölle Fiskrökeri, a fish smokehouse, is just a little further on.

DURATION: 4,5 hours

CONTACT INFORMATION: Larsviken, Kullamust, Strand Hotel Arild, Kullabygdens Keramik

ONE TO FOUR HOUR ACTIVITIES

COOKING COURSES

DURATION : 3-4 hours

CONTACT DETAILS: Lagmarks, Helsingborg and Farbror Elofs Skafferi, Billeberga

WHISKY TASTING ON THE ISLAND OF VEN

DURATION: 1-2 hours

CONTACT DETAILS: Spirit of Hven



Lotta på Åsen



Locally produced tomatoes



Foto: Lisa Wikstrand

Kullabygdens keramik